

every Thursday, until July 17. Entrants can read her tips at theleader.com.au

Wellings is also heading up a team of runners from the Love Mercy Foundation who are running this year to raise \$50,000 for healthcare in northern Uganda.

The money raised will enable them to provide lifesaving treatment for illnesses such as HIV/Aids, malaria and typhoid.

You can enter a team or as an individual for Love Mercy in the race: lovemercyfoundation.org/



Running tips: Sports coach Jock Athletic with Eloise Wellings.

Picture: Bird & B Studio

MOTORSPORT

Coleman's hooked on wins in rattle and hum

By Paul Haigh

THERE was a time when Kane Coleman (pictured) harboured a rugby league career.

The Dolans Bay carpenter then switched to carving out a career in motorsport after the urge to drive fast cars took over from making tackles, making breaks and scoring tries on the footy field.

He hadn't been too bad in footy either.

Coleman made the Sharks' Under-15s development squad and played in the juniors with Como-Jannali as a centre or five-eighth.

The former Woolooware High School student got the adrenaline surge from the rattle and hum of race car engines.



"I started racing when I was 19," he said. "There is no one in the family with any real link to motorsport."

Coleman has raced in the Formula Ford class with great success in a short time.

"I have won five of my six races this year."

In the recent second round at Sydney Motorsport Park he won all three races.

Coleman had pole position and was too quick around the circuit for his rivals.

There are six rounds in this year's Formula Ford Championship.

"My ambition is to race in open wheelers class or V8 Supercars one day."

Coleman said winning in Formula Ford racing will enhance his chances to race in other motorsport classes.

Coleman will race on June 21-22 at Sydney Motorsport Park.

SPORT SHORTS

Honouring Jack Gibson

RUGBY LEAGUE: The Jack Gibson Cup is an annual game played between teams selected from the Cronulla Sutherland and South Sydney A-grade competitions. The cup is named after the late Jack Gibson, who had an affiliation with both clubs; the game continued in his legacy by son John, who attends most years to present the trophy to the winning team. Jack Gibson coached Souths in 1978-79 and Cronulla in 1985-87.

The game rotates between the two regions, with the Cronulla junior league hosting the match at 7.30pm

Saturday and Sunday at North Cronulla Surf Club. Competition on Saturday starts at 10am and on Sunday at 9am. Partridge said top players would showcase their skills at the nationals. He said 100 competitors had entered from clubs such as Melbourne, Ballarat, Bendigo, Coleraine, Broken Hill, Walgett and Cronulla RSL. Details: Darrell Partridge, 0408 239 612.

Swifts host Magic

NETBALL: Kimberlee Green, of Miranda, leads the NSW Swifts in the minor semi-final of the ANZ

No games

Cronulla Junior Rugby League will not be playing over the long weekend.

Special

\$10 OFF